



TECHNICAL REQUIREMENTS 2020

SINGLE SKATING A-CLASS

PRE-CHICKS A Girls and Boys (born 2013 or later)

Free Skating: 2:00 min, +/- 10 sec.

A well-balanced Free Skating program must contain:

1. Maximum of four (4) jump elements
 - Maximum two (2) jump combinations or jump sequences. A jump combination may consist of 2 jumps only. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.
2. Maximum of two (2) spins of different nature.
3. One (1) step sequence fully utilizing the ice surface.

CHICKS A Girls and Boys (born 2011 or later)

Free Skating : 2:00 min, +/- 10 sec.

A well-balanced Free Skating program must contain:

1. Maximum of four (4) jump elements:
 - one of which must be an Axel-type jump
 - maximum two (2) jump combinations or sequences. A jump combination can consist of two (2) jumps only. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.
2. Maximum of two (2) spins of different nature (minimum of four (4) revolutions each).
3. One (1) step sequence fully utilizing the ice surface.

CUBS A Girls and Boys (born 2009 or later)

Free Skating: 2:30 min, +/- 10 sec.

A well-balanced Free Skating program must contain:

1. Maximum of four (4) jump elements:
 - one of which must be an Axel-type jump
 - maximum two (2) jump combinations or sequences. A jump combination can consist of two (2) jumps only. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.
4. Maximum of two (2) spins of different nature
 - one of which must be a spin combination with (minimum of (3) three revolutions on each foot) or without change of foot (minimum of (6) six revolutions in total)
 - and one a spin in one position with (minimum of (3) three revolutions on each foot) or without change of foot (minimum of (6) six revolutions in total)
In both spins flying entries are allowed.
5. One (1) step sequence fully utilizing the ice surface.

NB! Additional information (Pre-Chicks A, Chicks A & Cubs A):

- The Program Components are only judged in:
 - Skating Skills
 - Performance
- The Factor of the Program Components is 2.5.
- In all elements, which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.
- Evaluation is in accordance with ISU Communication No.2254 or any update.
- No jump with the same name can be executed more than twice including Axel type jumps.
- Time violation - 0.5-point deduction for up to every 5 seconds in excess.
- For every Interruption in performing the program of:
 - more than 10 sec up to 20 sec: 0.5-point deduction
 - more than 20 sec up to 30 sec: 1.0-point deduction
 - more than 30 sec up to 40 sec: 1.5-point deduction
- Interruption of the program with allowance of up to three (3) minutes to resume from the point of Interruption - 2.5-point deduction.
- Falls - 0.5-point deduction for every Fall.
- There will be no Bonus for difficult elements performed in the second half of the Free Program.
- Warm-up time is 4 min and there can be up to 10 skaters in a warm-up group.

BASIC NOVICE

Basic Novice A category will be held in accordance with ISU Communication 2242 and all respective ISU Communications.

Age requirements:

has not reached the age of thirteen (13) before July 1st, 2019

Free Skating 2:30 min, +/- 10 sec

INTERMEDIATE NOVICE

Intermediate Novice category will be held in accordance with ISU Communication 2242 and all respective ISU Communications.

Age requirements:

has not reached the age of fifteen (15) before July 1st, 2019

Free Skating 3:00 min, +/- 10 sec

ADVANCED NOVICE

Advanced Novice category will be held in accordance with ISU Communication 2242 and all respective ISU Communications.

Age requirements:

- has reached the age of ten (10)
- has not reached the age of fifteen (15)

before July 1st, 2019

Short Program: 2:20 min, +/- 10 sec

Free Skating: 3:00 min, +/- 10 sec

JUNIOR (Ladies/ Men) and SENIOR (Ladies/Men)

In accordance with ISU Constitution and General Regulations 2018, ISU Special Regulations and Technical Rules for Single & Pair Skating and Ice Dance 2018, ISU Communications 2253, 2254 or any updates and other relevant ISU Communications.

Short Program Singles – Rule 611

Free Skating Singles – R 612